

7.2.1. Describe at least two institutional best practices (as per NAAC format given on its website)

Describe any two best practices successfully implemented by the institution as per NAAC format

Upload

- Photos related to two best practices of the Institution
- Any other relevant information

Best Practice – I

1. Title of the Practice:

EMPLOYMENT OPPORTUNITIES AND LEGAL RIGHTS FOR WOMEN

2. The context that required the institution of the practice:

The context that required the institution of the practice is Employment Opportunities and Legal Rights for Women. Women the word describes lots of meaning who contribute their knowledge, skills, and competencies to their workforce in order to raise the family. Every woman should lead a life of respect, equality and decency, free from fear and discrimination. In India women now participate in many areas such as education, sports, politics, media, art and culture, service sectors, research and development. To increase organizational effectiveness and growth, economical equality and family welfare, women employment and their legal rights in various domains is vital. Teacher who is to be a woman has more social responsibilities and professional ethics to develop students' community. Teaching is a noble profession with opportunities in government, aided and corporation schools where teacher can develop skilled students community. Since 1922 LWIASE is a women teacher education institution in Chennai and concern more about women student teachers welfare, wellness and empowerment. Our institution creates ethically valuable teachers for the society who is a role model for girls to become a professionally strong teacher. We have our own medical officer who provides medical support to our students. Legal rights of every women is vital such as to get physical and mental health, to be educated, to have own property, to vote and to earn an equal wages etc. From the discussion we planned to instruct and develop student teachers with women empowerment, wellness, employment opportunities and legal rights of them. Our faculty and students work together and create positive learning environment for women and promotes their well being during their B.Ed and M.Ed., programme.

3.Objectives of the Practice:

Every woman deserves basic human rights like the right to life, the right to freedom from discrimination, the right to education etc. Here our institution provides lots of opportunities for our women student teachers to equip themselves emotionally, physically, socially and mentally. The main objectives for these powerful initiatives in our institution are as follows

- ❖ To provide awareness about women empowerment and its importance for national development.
- ❖ To ensure equality and dignity in society.
- ❖ To be educated well and equal opportunities
- ❖ To know the legal rights of women in India.

- ❖ To motivate them by narrating women achievers in India.
- ❖ To pay attention to health and hygiene of women students
- ❖ To practice an employment opportunities in various schools.
- ❖ To develop various skills and competencies such as communication skill, personality development, technological skills, self-study, interview skill etc.
- ❖ To organize seminars, workshops, quiz about women wellness and rights.

4. The Practice:

In order to achieve employment opportunities and legal rights of women, the institution provides the following practices to our student teachers during the year 2023-2024.

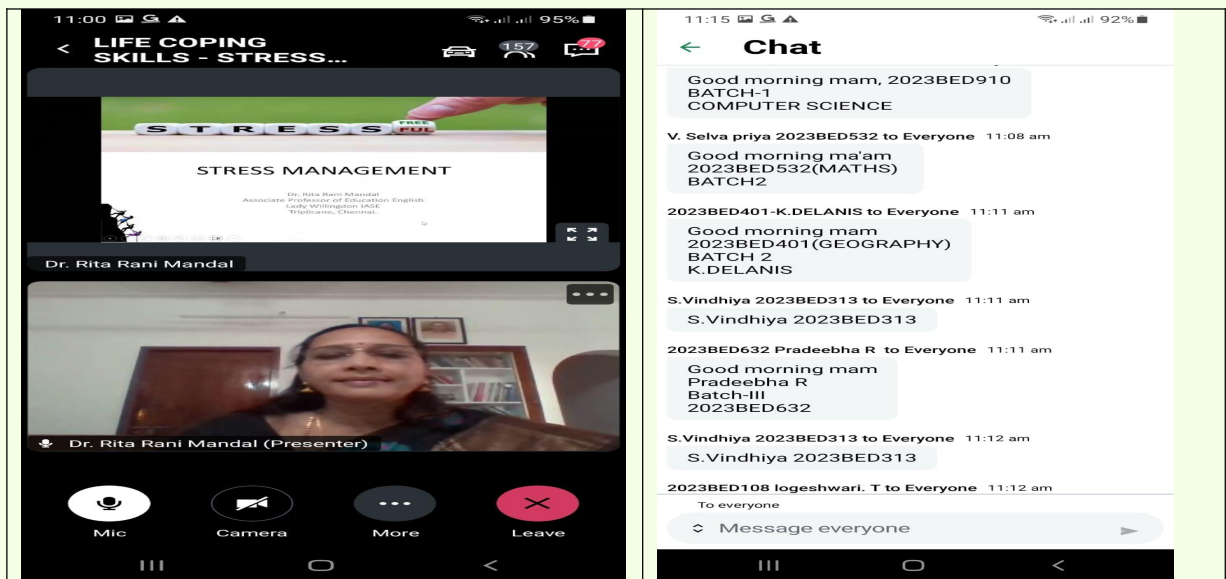
- ❖ **Committees:** Our institution have various committees namely sexual harassment committee, anti-ragging committee, anti-drug committee, help desk, guidance and counseling cell, reading club in order to strengthen women empower in various places.
- ❖ **Medical Officer:** LWIASE has its own medical officer **Dr.S.A.Fathima** M.B.B.S, Medical Officer, Lady Willingdon Dispensary. Regularly doctor available in the college and do emergency care to the students.
- ❖ **Placement Cell:** LWIASE has Placement cell and **Dr.R.Selvaraj**, Assistant Professor of Education Computer Science is the in-charge staff of the cell. In the month of March or April, open interview conducted for our students. Various reputed schools from Chennai region place our students in their schools.
- ❖ **Value Added Courses:** LWIASE provides two value added courses namely Life Coping Skills for B.Ed first year students and Women Wellness for B.Ed second year students. Women Empowerment as an elective paper for M.Ed students.
- ❖ **NSS:** Our students involved in NSS scheme and doing various community services which develop social skills, ethics and honesty.
- ❖ **Work Experience:** We provide Socially Useful Productive Work (SUPW) as a work experience for our students from which they learn how to prepare phynyl, dye, soap, candle sanitizer, agarbathis etc which help them to prepare economically and mentally strong man in the society.
- ❖ **Seminars and Workshops:** Every year our institution organizes seminars, conferences, workshops, online quiz etc for our students on order to strengthen their occupational skills. Human and Legal rights seminars motivate our students to acquire knowledge about human and legal rights of women. Seminar on “Health and Hygiene – Mensural Awareness” was organized for our women student teachers to aware how to handle various health issues with emotionally balanced ways. **Ms. Shamini**, Project Manager, SAAHAS, NOG, Chennai and **Ms. Amirtha**, Project Co-ordinator both acted as resource persons in this awareness seminar. Further **Dr. E. Gomathy, Legal Advisor**, Standing Counsel for Tamil Nadu Handloom Weavers Co-operative Society Ltd and Power Finance Corporation as a resource person for the seminar on “Right to Information Act” where our students learnt how to collect and use appropriate information that is our legal rights. POSH – Awareness Programme was organized for our students through Chennai Police. **Mrs.V.Vanitha**, IPS, Criminal against Women and Children, Chennai Police acted as a resource person and created awareness on how to prevent from

sexual violence. Women Wellness seminar was conducted by our College medical officer of Lady Willingdon Dispensary in addition to that online seminar on stress management was organized in order to enhance emerging skills towards women budding teachers of LWIASE.

- ❖ **Communication Skills:** Weekly two hours our institution conducted communication class for our students to enhance their communication skills and versatile personality of them. Google forms, school text books, training in vocabulary, JAM and other relevant activities provided for them.
- ❖ **Computer Literacy:** In our college computer literacy class conducted to strengthen their basic computer skills and knowledge. We are in digital era where teachers must have hands on experience to adopt digitalized materials. In the time table weekly 2 hours allotted to do practical in computer laboratory.
- ❖ **Yoga Workshop:** Our Institution signed MOU with Krishnamachariyar Yoga Mandiram for one year, to train our students. Weekly hours throughout the year they give yoga practice to our students. Yoga education and practice can enhance all the activities of the students, be it academic or sport or social. Practicing yoga techniques provide improved attention in studies, better stamina and co-ordination for sports and social activity among our women student teachers.
- ❖ **Martial Arts:** Self-defence activity provided by **Mr. Anil Kumar and Mr. Ajith Kumar**, Superintendent of Chennai Police for our students which is vital for women teachers to handle critical situation.
- ❖ **Developing Reading Habits:** Inculcating reading habits among the student teacher is significant for their professional development. Willingdon Seemati Vaasagar Vattam – is a online book review programme, we are conducting every Saturday. Duration of the programme around one hour and thirty minutes. Every week the programme is live streamed in our institution YouTube Channel, with the help of Streamyard- a live stream recording studio. Approximately, we received more than 1000 views for each programmes. In this programme all types of books are introduced including, education, self-help, health, motivation, science, spiritual, biography, anthology, psychology, auto-biography etc., Objective of doing this programme is cultivate reading habits among the student teachers, it helps them to use texts creatively and impart knowledge in their profession.
- ❖ **Guidance and Counselling Cell:** Our institution has guidance and counselling cell to rectify the problems encountered by the student teachers such as examination stress, peer group problems, parental problems, language barriers etc.
- ❖ **Competitive Examination:** UGC NET practice was given to M.Ed., students and for B.Ed students, TET examination practice in the name of School Subject Content was provided.

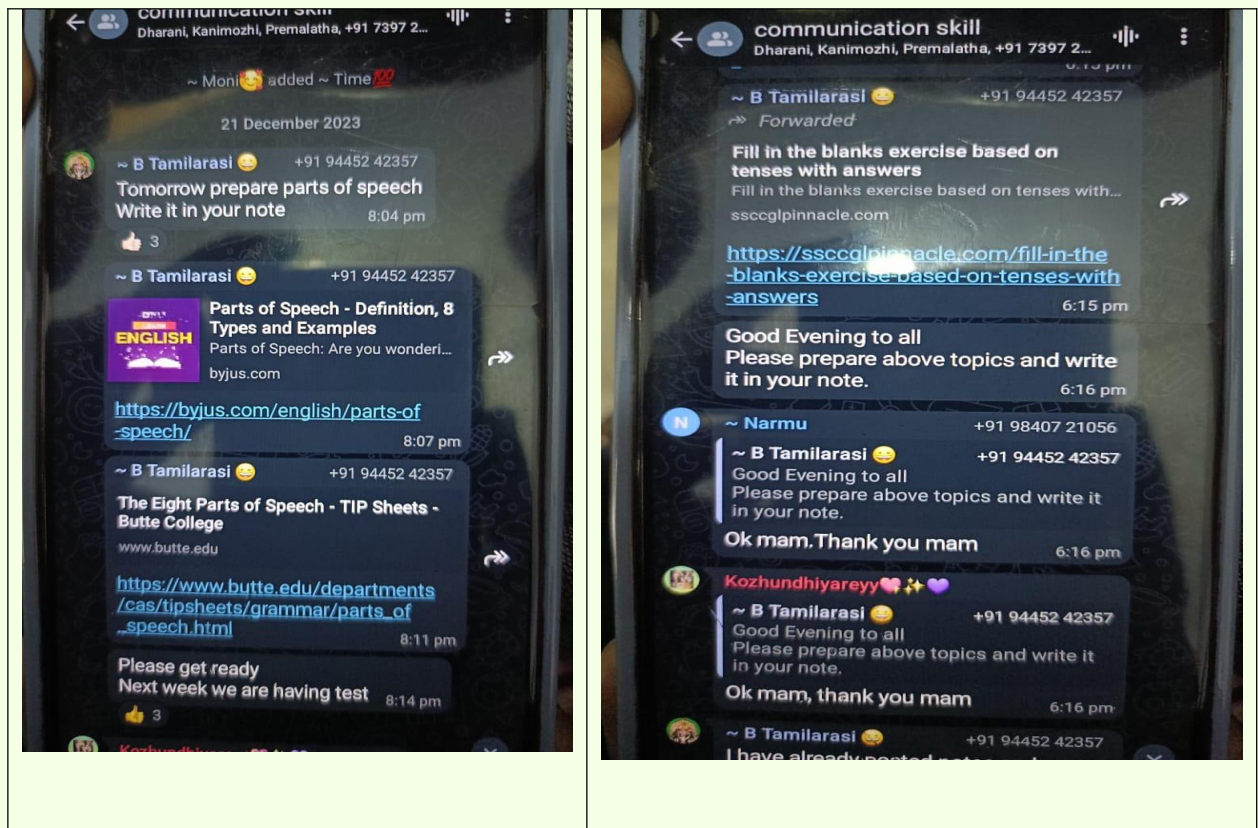
5. Evidence of the success:

- ✓ Online Webinar Link: <https://www.youtube.com/watch?v=Cek00Ah-CVE&t=1159s>



✓ Communication skill development Materials:

- <https://www.scribd.com/document/580654649/CLASS-8-ADVERBS-REVISION-WORKSHEET>



✓ POSH Awareness Video Link:

<https://www.my-mooc.com/en/video/sexual-harassment-at-workplace-posh-training-video-prevention-of-sexual-harassment-simplilearn>



தினகரன்



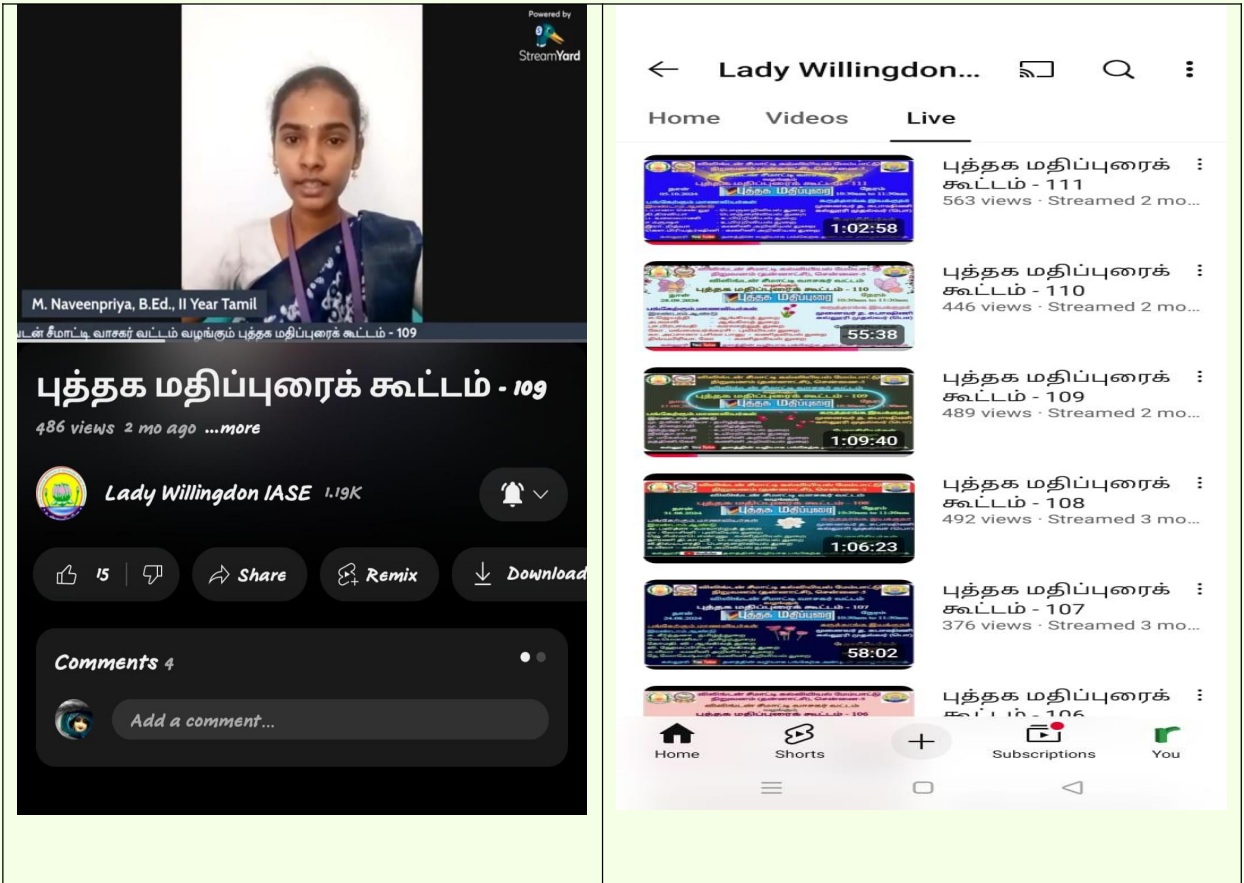
தமிழகம்

அவள்' திட்டத்தின் கீழ், வெலிங்டன்
சீமாட்டி கல்வியியல் மேம்பாட்டு
நிறுவனத்தில் பெண்களுக்கான
விழிப்புணர்வு பயிலரங்கு

APR 24, 2024



✓ Book Review YouTube Link: <https://www.youtube.com/watch?v=Cek00Ah-CVE&t=2166s>



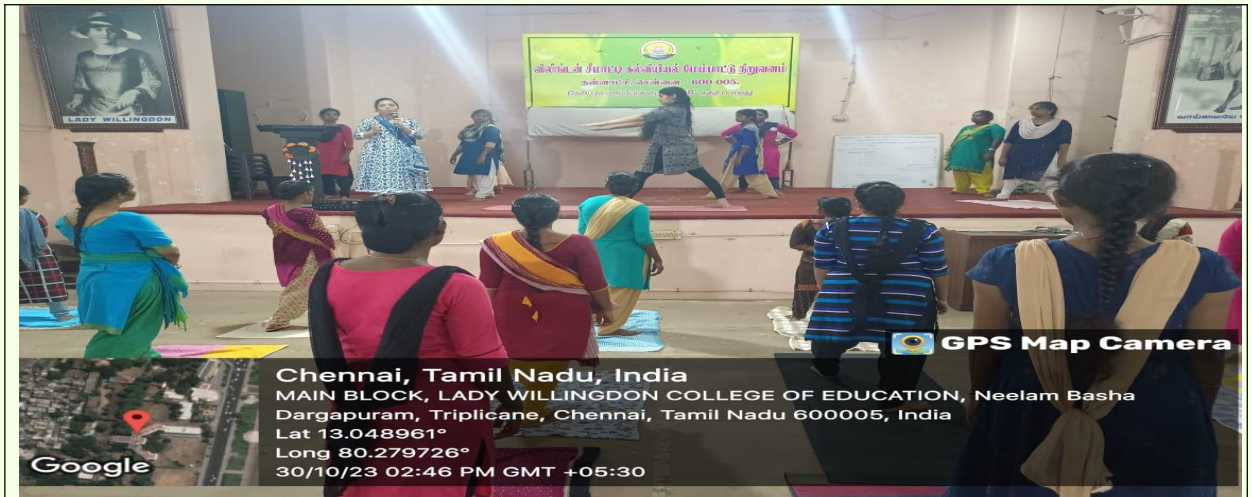
The image shows a YouTube video player on the left and a list of related videos on the right. The video player displays a woman speaking, with the title "புத்தக மதிப்புரைக் கூட்டம் - 109" (Book Review Meeting - 109) and 486 views. The channel is "Lady Willingdon IASE" with 1.19K subscribers. The related videos list several "புத்தக மதிப்புரைக் கூட்டம்" (Book Review Meetings) for different years (111, 110, 109, 108, 107, 106) with their respective view counts and streaming dates.

✓ Krishnamachariyar Yoga Mandiram



The image shows a group of women in colorful saris performing yoga in a large hall. A GPS map overlay at the bottom left shows the location in Chennai, Tamil Nadu, India. The text overlay provides the following details:

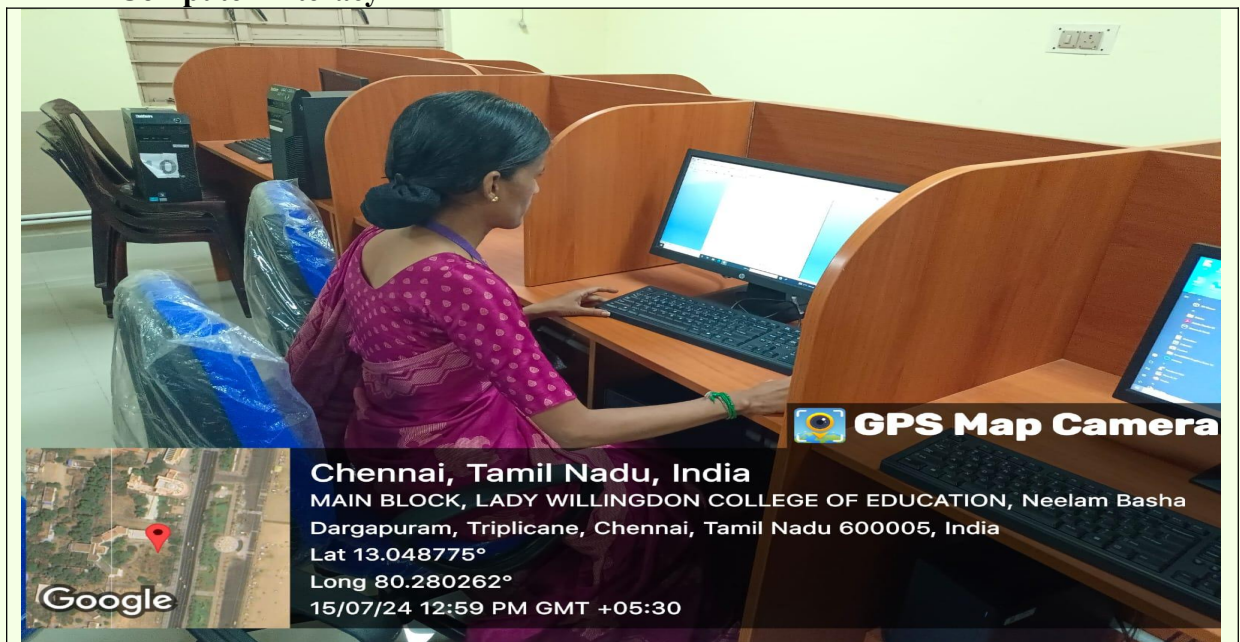
- Chennai, Tamil Nadu, India
- MAIN BLOCK, LADY WILLINGDON COLLEGE OF EDUCATION, Neelam Basha
- Dargapuram, Triplicane, Chennai, Tamil Nadu 600005, India
- Lat 13.048961°
- Long 80.279726°
- 30/10/23 02:46 PM GMT +05:30



✓ Martial Arts Certificate

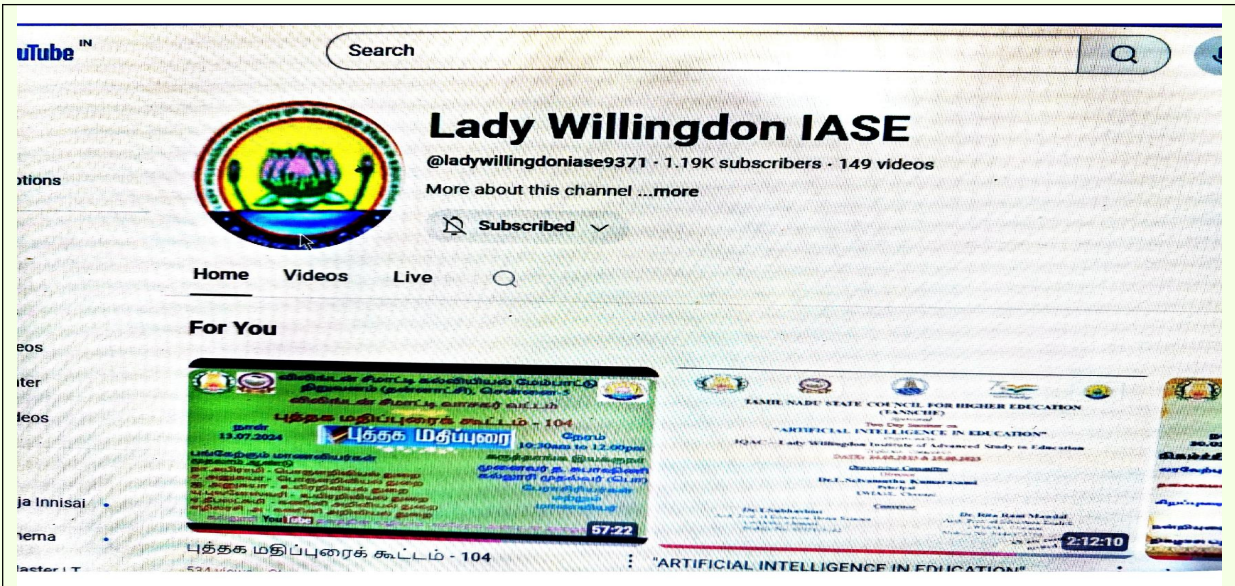


✓ Computer Literacy





✓ Our Institution YouTube Channel Address -
<https://www.youtube.com/@ladywillingdoniase9371/streams>



✓ Right to Information Act - Rally



6. Problems encounter

- Limited time for service and doing activities.
- Lack of awareness on health and hygiene of women.
- Inadequate funds to organize various programs and activities.
- Insufficient Women NGOs to support academically and financially.
- Inadequate Nutritional Foods.
- Socio economical inequality.

7. Resource required

- Funds needed to conduct awareness programe for teaching and non-teaching staffs and students regarding women achievers, women wellness etc.
- More number of Women guards needed for safety of our students.
- Motivational talk from women achievers.
- Sustainable practices to all the women students.
- Frequent adaptation of career guidance cell.
- Adequate number of Mentorship and Sponsorship is significant for women employment.
- Talent management cell is required to showcase their talents.

8. About the Institution

Name of the Institution: Lady Willingdon Institute of Advanced Study in Education (A)

Year of accreditation: 2005

Address :Kamarajar salai, near vivekanandhar illam, Triplicane, Chennai-05.

Grade awarded by NAAC – “B”

Email – principallwiase@yahoo.co.in

Contact person for further details: Dr.L.Selvamuthu Kumarasami, Principal.

Conduct No: 9444360578

Dr.T.Subhashini, IQAC Co-Ordinator

Conduct No: 6385113142

Dr.Rita Rani Mandal, IQAC Co-ordinator

Conduct No: 9444873730

Best Practice – II

1. Title of the Practice: CLEAN AND GREEN CAMPUS

2. The context that required the institution of the practice:

Teachers play a vital role in raising awareness about our environment among the students which might be preserved for future generation who is going to achieve national goals and aspirations. Teachers are the role model for student community who can demonstrate sustainable behaviors and ethical values such as reducing waste, conserving energy, and making eco-friendly choices. In order to promote environmental awareness Teachers can help students to understand the importance of preserving the environment and creating a sustainable future. A green and clean campus of the institution means that uses eco-friendly practices and education to promote sustainability among the students. Green and clean campus is the responsibility of everyone. Faculty members of the institution motivate students in implementing green and clean campus initiatives like planting trees, minimal use of plastic, minimal use of air conditioners, restricted use of automobiles, switching off light, fans etc. From the discussion LWIASE prepare the student teachers to create clean and green campus for the next generation. LWIASE itself is an ideal educational institutional building having rain water harvesting, solar energy panel, waste management system, water and energy conservation, waste reuse and recycling, green gardening and pollution free environment. Greening our campus is all about turning around wasteful inefficiencies and using conventional sources of energies for its daily energy needs, correct disposal handling, procurement of environment friendly supplies and effective recycling program. Hence we planned to motivate and provide opportunities for our student teachers to develop clean and green campus. Our faculty, students along with NGOs and volunteers work together and follow the time bound strategies to implement clean and green campus initiatives during their B.Ed and M.Ed., programme.

3. Objectives of the Practice:

Clean and Green campus initiatives are becoming integral part of the modern-day education system. Our institutions can act as pioneers in promoting these principles within society and initiated the clean and green campus program in order to support a sustainable and climate-friendly environment. The main objectives for these initiatives in our institution are as follows

- ❖ To provide environmental awareness and environmental education.
- ❖ To use energy efficient measures.
- ❖ To apply recycling process in around the campus.
- ❖ To create “Miyawaki” during the course time.
- ❖ To develop pollution free campus.
- ❖ To insist the students to ride with bicycle instead of automobiles.
- ❖ To minimize water and energy resources.
- ❖ To reduce consumption of non-renewable resources.
- ❖ To recognize the value of clean and green campus and its importance.

Waste management, sewage management, efforts for Carbon neutrality, seedlings and plantations, energy conservation, plastic free environment etc are regularly addressed by our students through rally, seminars, workshops, poster

making competitions, online quiz, elocution, slogan, observance of international plastic free day, environmental day, earth day, water awareness day etc.

4. The Practice:

The institution provides the following practices to our student teachers to develop clean and green campus for e co-friendly campus.

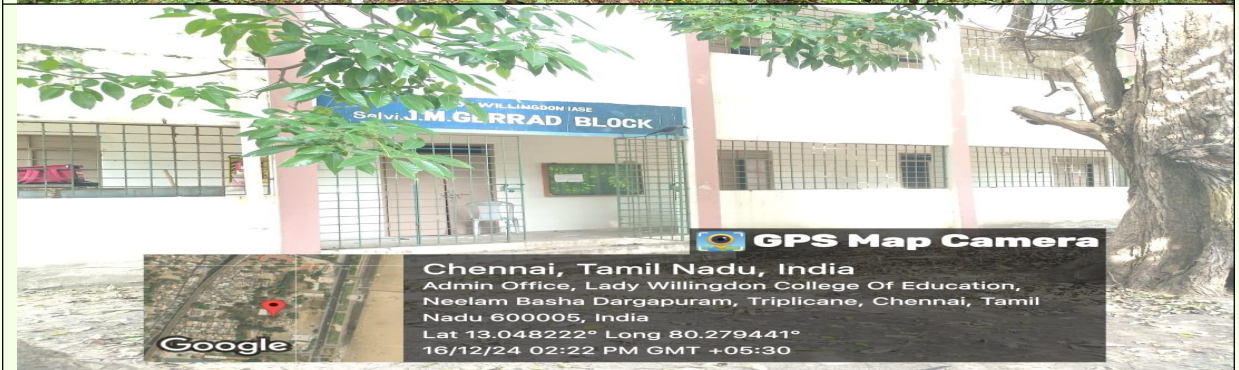
- ❖ Our institution has ECO club. The co-ordinator of the ECO club is **Dr.R.Selvaraj**, Assistant Professor of Education Computer Science. ECO club secretary from our students selected by college union election in order to organize various activities related to making clean and green campus.
- ❖ Non Governmental organizations namely SMFG India Credit, Chennai Metro Rail Ltd & ITD Cementation India Ltd. and Communi Tree associated with us and provide funds to create clean and green campus. They maintain the campus with pollution free and green environment throughout the year along with our students and ECO club.
- ❖ We have an elective course namely Environmental Education for B.Ed students.
- ❖ Celebrate World Environmental Day every day.
- ❖ **Energy Conservation:** Our classrooms, auditorium, gallery, laboratories, library are with adequate light and ventilation, as the building constructed with lot of windows and doors which helps to reduce the usage of electrical energy by minimizing the utilization of fan and lights. We always instruct our student teachers turn off the electronic and electric appliances, computers, lights and fans after usage. We are shifting in a phased manner to LED bulbs and CFL bulbs to optimize the energy saving. Annual Maintenance Contract for computers, and xerox machines helps us to obtain periodical services which in turn reduces more consumption of energy. The electrical bills are often monitored to curtail over use of power. Awareness programmes for teaching staff, non-teaching staff and students are conducted to increase their responsibility and accountability to conserve energy. We always organize energy conservation awareness and quiz programmes to sensitize the student teachers and staff in addition to that our institution has fire safety policy.
- ❖ **Water harvesting:** Rain water harvesting system with pipes going to 250 feet below ground level. Faculty of LWIASE motivates the students to close the water tap when not in use. Water tanks are available in the college campus to storage the water.
- ❖ **Sewage management:** In our college the sewage treatment done well periodically. Bio degradable and non-biodegradable wastes are separated in the given dust bin. The Chennai Corporation provided dust bin separately for both wastages. Sewage water management system is maintained well in our college. Waste water is recycled into the gardening.
- ❖ **E-waste management:** Disposal of e-waste is important in all educational institutions. In our college all e-wastes are disposed properly and rest of the things handed over to external vendors as per the governmental norms.
- ❖ **Restricted entry of automobile:** The vehicles used by the students have been parked at the cycle stand situated at the college campus. The guard of LWIASE supervises it and keeps the notebook to entry the vehicles inside the boundary of the college.

- ❖ **Water Tanks:** The institution has 8 overhead and grounded level water tanks to supply water in main buildings, different departments and washrooms. Also there are 2 water storage tanks for storage of water. Maintenance of water bodies and distribution system in the campus maintained well. The institute is completely aware for repair and maintenance of water tanks. A cleaner is appointed for regularly washing of water overhead tanks as well as water storage tanks. The practice of cleaning has been following twice in a month. Also the distribution system of water is well organized. The overhead tanks have connected with all departments and washrooms for proper supply of water.
- ❖ **Encouragement to use of Bicycle/ Battery powered vehicles-** The students of LWIASE nearby places are encouraged to come college through bicycle and battery powered vehicles as a mode of transport for attending college.
- ❖ **Campus with Trees and Plants:** LWIASE has pollution free and greenish campus. There are lot of trees, shrubs, creepers, flowers, medicinal plants etc. our students are encouraged to do community service in making clean and green campus. NGOs namely SMFG India Credit, Chennai Metro Rail Ltd & ITD Cementation India Ltd., Communitree associated with us to maintain greenish and plastic free campus. All the wastes inside the campus segregated properly and periodically. Herbal gardening is available where tulasi, neem, turmeric, Hibiscus, garlic and other medicinal plants well grow and maintained properly.

5. Evidence of the success

LWIASE has clean and green campus and surrounded by various plants and trees with the support from the head of the institution, faculty, students, non-teaching staff, NGOs and gardener. Creating clean and green campus activities makes our students deepen their knowledge and awareness about environment. This gardening activities make them stress free life, strengthen their physical, emotional and social wellness. ECO club of LWIASE do care and maintenance of college campus. Various seminars and celebrations with regards to environment organized every month and sound resource persons from various levels come and talk about how to be a good human being to our environment. These activities help our students to create awareness about the importance of pollution free, clean and green environment among the students during their school internship.







Chennai, Tamil Nadu, India
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600026, India
Lat 13.04881°
Long 80.279755°
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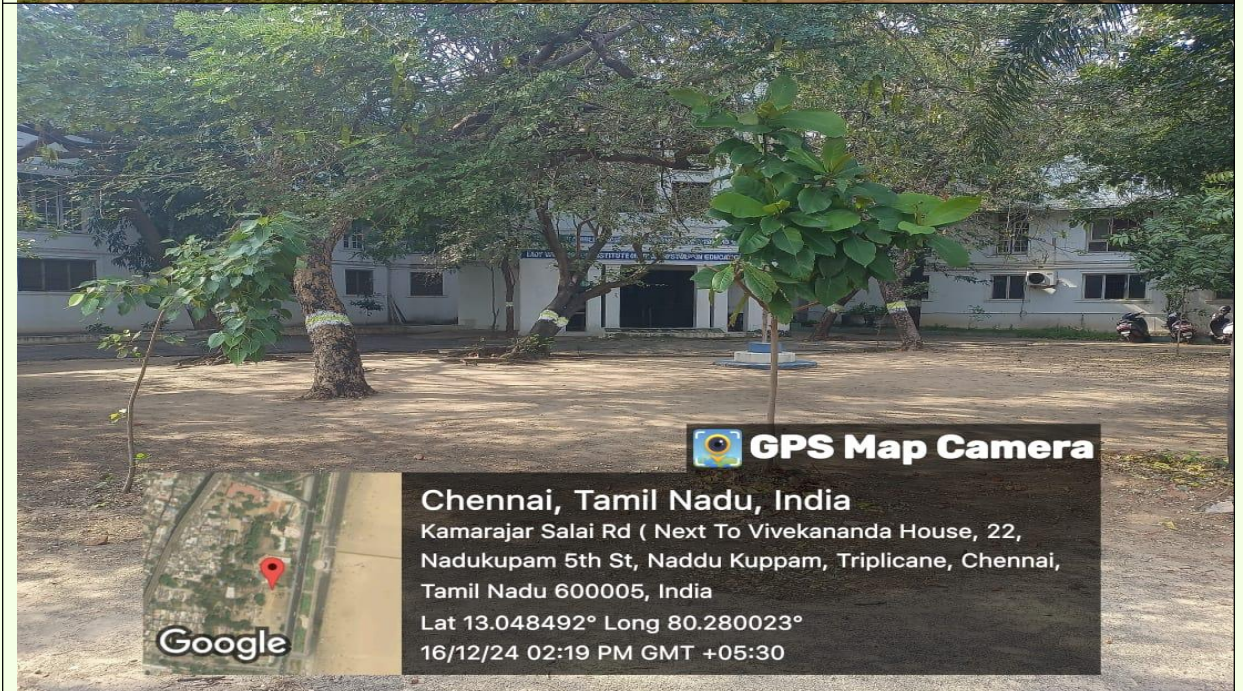


Chennai, Tamil Nadu, India
Main Block, Lady Willingdon College Of Education, Neslam
Basha Dargapuram, Triplicane, Chennai, Tamil Nadu 600005,
India
Lat 13.04881° Long 80.279755°
17/12/24 02:48 PM GMT +05:30



Shot on Y11
Vivo AI camera

2023.09.06 10



 **GPS Map Camera**



Chennai, Tamil Nadu, India
Kamarajar Salai Rd (Next To Vivekananda House, 22,
Nadukupam 5th St, Naddu Kuppam, Triplicane, Chennai,
Tamil Nadu 600005, India
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16/12/24 02:19 PM GMT +05:30



 **GPS Map Camera**



Chennai, Tamil Nadu, India
66, Marina Beach, Triplicane, Chennai, Tamil
Nadu 600005, India
Lat 13.04813° Long 80.280016°
16/12/24 02:20 PM GMT +05:30



6. Problems encounter

- Climate and environmental conditions: sudden rain, cyclone, wind etc affects the plantation.
- Limited time for service and doing activities.
- Power cut problem
- Limited Campus infrastructure
- Insufficient clean staff, gardener, funding and resources.
- Lack of awareness and social responsibility.
- Urban and traffic areas.

7. Resource required

- Awareness programmes and activities to be conducted to teaching and non-teaching staffs and students.
- Provision of free gardening tools, dust bins, native plants and herbs, frequent water supply, buckets, fertilizer and other needy materials to all student teachers.
- Regular more number of gardeners to the institution.
- Proper green roof
- Seeking more number of NGOs support academically and financially.
- Arranging environmental tours to various places
- Sustainable practices to all the students.

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